

# **Sandeep Khanal**

105 Handford Road, Zillmere, QLD

## **Contact:**

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## **Professional Summary**

Compassionate and dedicated professional with a Certificate III in Individual Support (Ageing and Disability) and practical experience in aged care. Skilled in delivering high-quality care, maintaining strong relationship with residents and ensuring exceptional service in fast-paced environments. Seeking a position in aged care to make a positive impact on the lives of residents.

## **Key Skills**

- Providing personal care, including hygiene and mobility assistance
- Effective communication with residents, families, and multidisciplinary teams
- Monitoring and documenting resident's health and wellbeing
- Strong understanding of aged care standards and safety protocols
- Problem-solving skills with an IT background, enhancing healthcare technology use

## **Education and Qualifications**

**Certificate III in Individual Support (Ageing and Disability)**

## **Attain Skills College**

Includes 120 hours of practical placement

## **Diploma and Advanced Diploma in Information Technology**

### **Queensford College**

Completed: September 2024

## **Work Experience**

### **Aged Care Placement**

#### **Casa Damore | Placement: 120 hours**

- Assisted residents with daily activities, including personal hygiene, feeding, and mobility
- Monitored and documented resident's health, reporting any changes to supervisors
- Collaborated with the care team to deliver individualized care plans

### **Cleaning Team Leader**

#### **Keys Cleaning Services VIC Pty Limited**

- Managed a team to ensure high standards of cleanliness in various settings
- Developed strong organizational and time-management skills

## **Customer Service**

### **IGA X-Press**

- Delivered exceptional customer service, ensuring a welcoming shopping experience.
- Strengthened interpersonal and communication skills essential for client-facing roles.
- Assisted customers with inquiries, purchases, and product recommendations.

## **Certifications and Checks**

- National Police Check
- First Aid and CPR Certification
- Manual Handling Training
- Full Vaccination

## **Language**

Fluent English, Hindi and Nepali

## **Reference:**

Tika Bhurtel (Manager)

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Nista Pokhrel (Assistant in Nursing)

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